

THE HUNGARIAN AEROBIOLOGICAL NETWORK – 30 YEARS OF ACHIEVEMENTS

A. Páldy, D. Magyar, O. Udvardy, D. Kajtor-Apatini, E. Környei-Bócsi, V. Pál, <u>T. Szigeti</u>

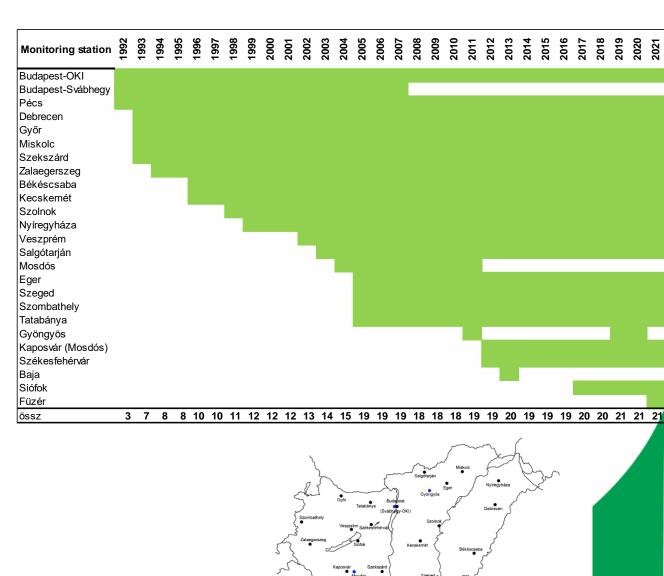
National Public Health Center, Department of Public Health Laboratory, Budapest, Hungary

E-mail: *szigeti.tamas@nnk.gov.hu*



A little history

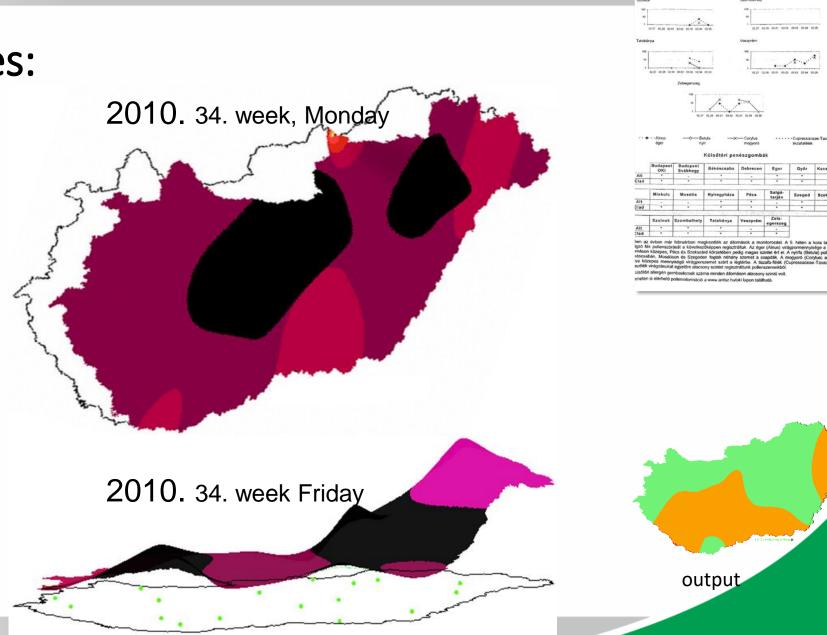
- The Hungarian Aerobiological Network (HAN) was established in 1992 by the predecessor institute of the National Public Health Center now coordinating the network.
- The HAN has been gradually built up from two stations established in the capital city to a countrywide network including 21 monitoring stations.
- The stations are operated by the local government offices according to international standards





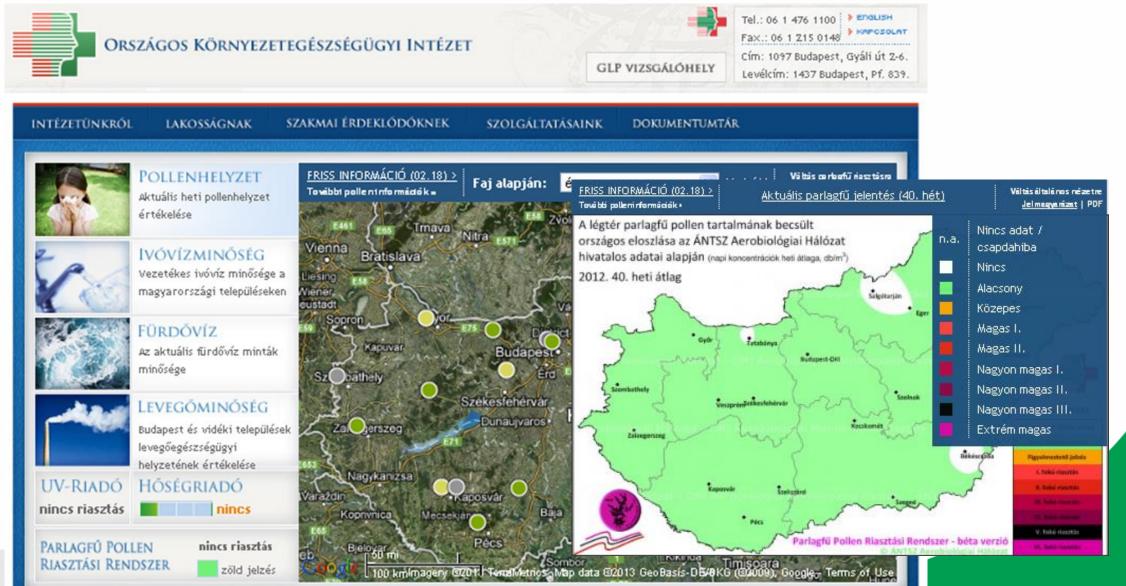
Milestones:

- The first pollen report was issued in 1994,
- attempts to forecast the pollen season onset started in 2010





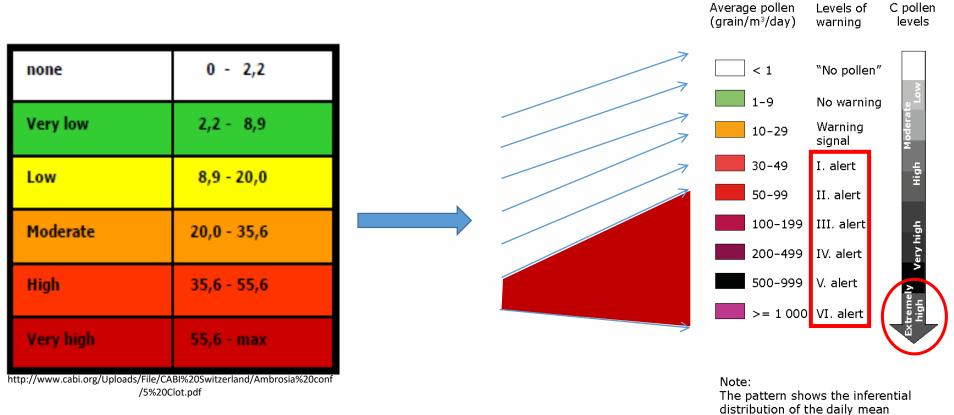
Ragweed Pollen Alarm System (R-PAS) – the beginning -2012





The categories and signals for ragweed pollen alert

The situation required the differentiation of the high-level category: The R-PAS contains 9 categories (levels) with 6 alert levels:

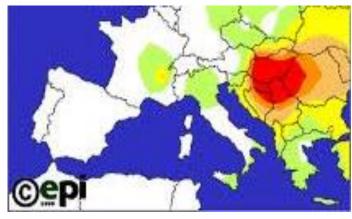


The pattern shows the inferential distribution of the daily mean pollen concentration by categories in respect of 22-28 of August based on the data of HAN

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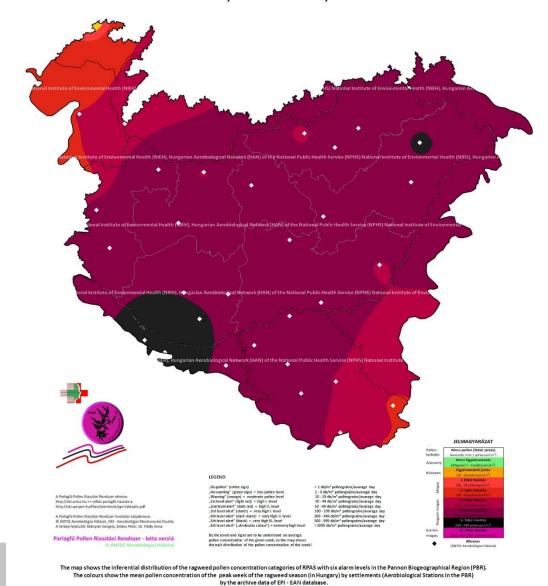


Next step: international extension: Pannon Biogeographical Region



http://www.polleninfo.org/index.php?language=en&nav=&module=state s&action=first_page&row=&id_parent=60®ister=_r3a&typeofpollen=a mbr

The estimated distribution of the daily airborne pollen concentration of ragweed in the Pannon Biogeographical Region in the season peak of 2011 (34th week) according to the Hungarian Ragweed Pollen Alarm System (RPAS) /beta version/

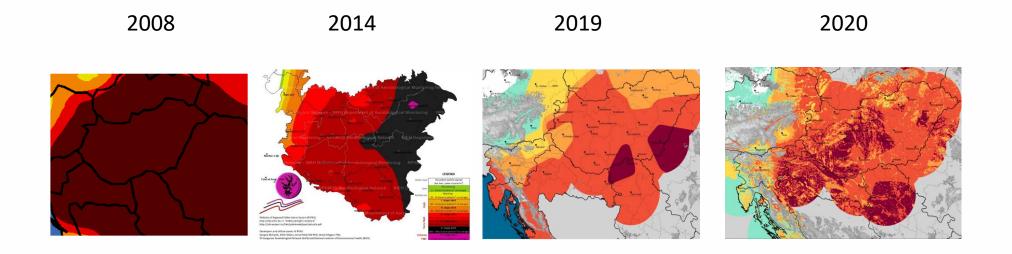


Map maker and owner: National Institute of Envionmental Health (NIEH), Hungarian Aerobiological Network (HAN) of the National Public Health Service (NPHS), Budapest, Hungary





Steps of the development of Ragweed pollen alarm system



Exclusion>700m, from 1 km resolution surface modell

Skjøth et al. (2019).



Patient's Hayfever Diary (PHD) -2015

- An online webbased service run by the EAN used in 13 countries of Europe in 2015
- Users can enter the type of their symptoms ("overall", conjunctival, nasal, bronchial) and it's degree from 0-3
- Overall symptom score ranged between 0-10
- What is the connection between the symptoms and the pollen exposition
- Relationship between the ragweed concentration and the level of different symptoms.

ata Entry isualisation istory ettings	Overall Symptom Score	very poor normal very good			
ogout		<mark>e</mark> e			
]	Location	Country	Hungary 🔻		
mmer informiert mit der		Region	Budapest area	▼ ?	
Pollen App! Version 2.0 jetzt verfügbar! Unser gratis Pollen App bietet Ihnen aktuelle Werte für ganz Österreich und Deutschland, und nützliche Informationen rund ums Thema Pollenallergie für unterwegs. Klicken Sie hier für weitere Informationen.	Eyes	Problems	 None Symptoms Mild Moderate Severe 	 Itching Foreign body sensation Redness Watering 	
	Nose	Problems	 None Symptoms Mild Moderate Severe 	Nose Itching Sneezing Nose Running Nose Blocked	
	Lungs	Problems	 None Symptoms Mild Moderate Severe 	 Wheezing Shortness of Breath Cough Asthma 	
	Medicines		 None Eye Drops Nose Drops (or Spray) Anti-Allergy Tablets Homeopathic Remedy Other 		
	Comments				

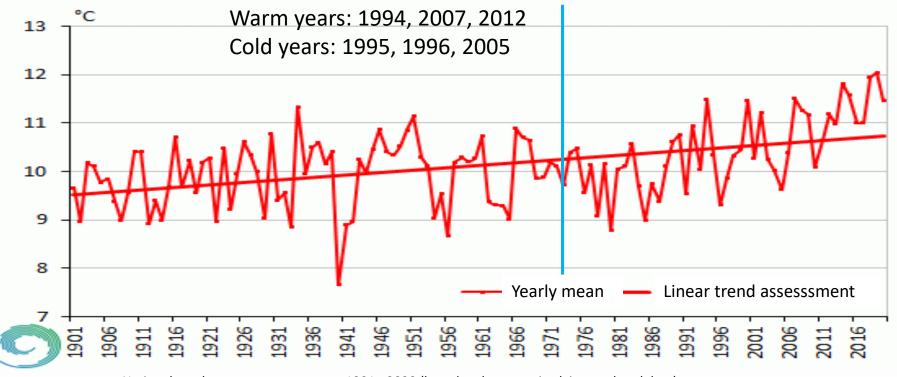


The estimated threshold levels of the eye symptoms of ragweed pollen allergy based on the Patients Hayfever Diary for Hungary

10-29 grain/m ³	30-59 grain/m ³	60-89 grain/m ³	90-120 grain/m ³
Mild eye symptoms	moderate eye symptoms	strong symptoms	extremely strong symptoms
Only one symptom at one time	One or two symptoms at one time	Two or three symptoms at one time	All symptoms at one time
Mostly eye watering, eye redness	Eye redness, eye itching, eye watering,	Eye redness, eye itching, eye watering, eye foreign body sensation	All of eye symptoms at one time
One score on the range of discomfort scale.	2 score on the range of discomfort scale	2 or three on the range of discomfort scale	3 on the range of discomfort scale



TEMPERATURE



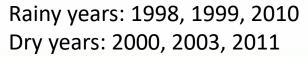
National yearly average temperature 1901 - 2020 (based on homogenised, interpolated data)

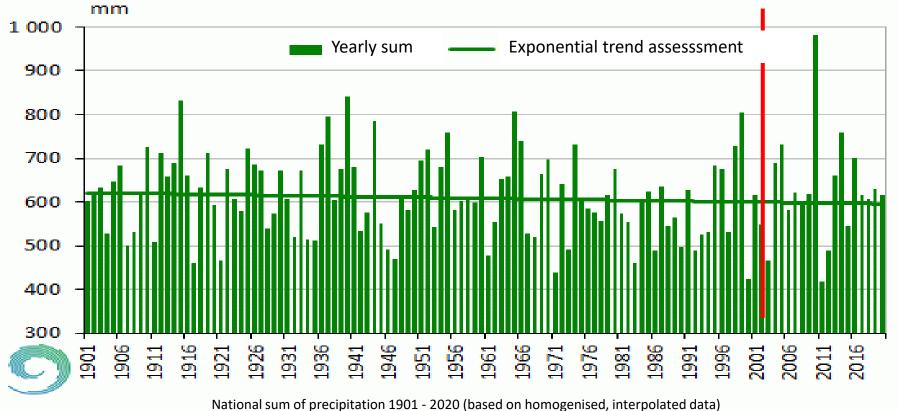
In the latest years the trend of warming is steeper, especially in the last 10 years. Variability is greater, onset of flowering is disturbed by frosty periods.

Source Hungarian Met. Office



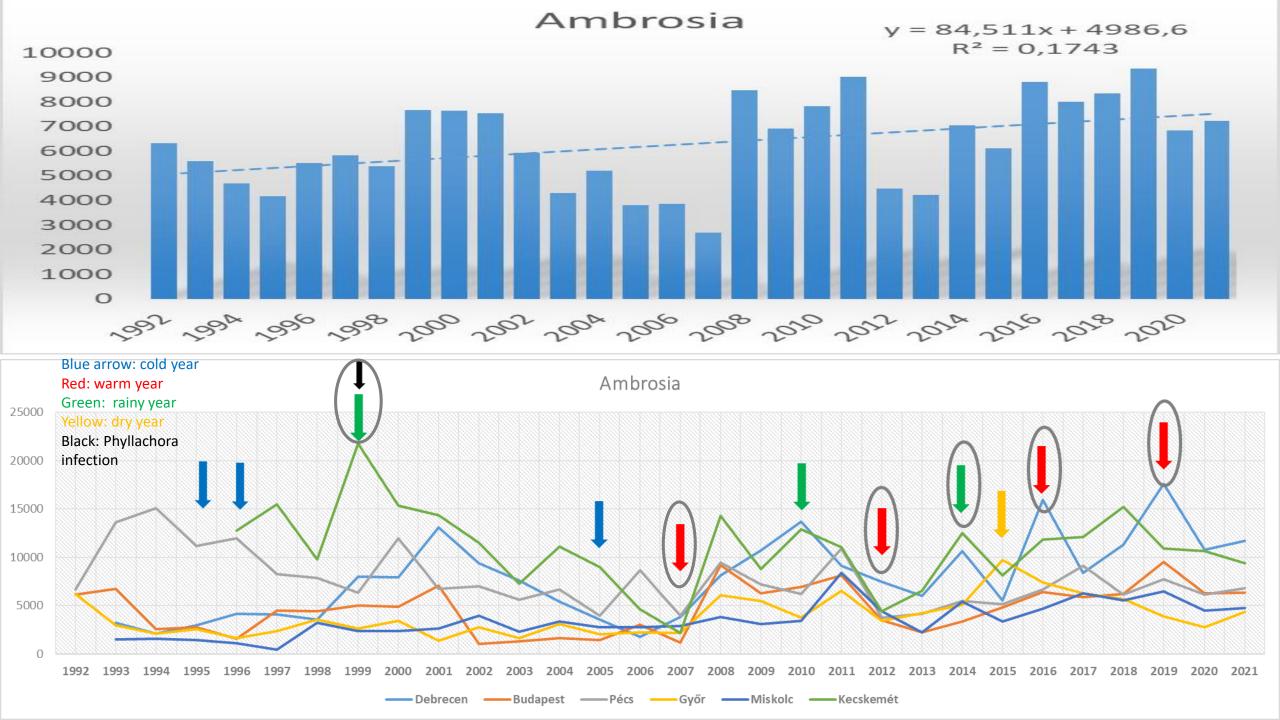
PRECIPITATION

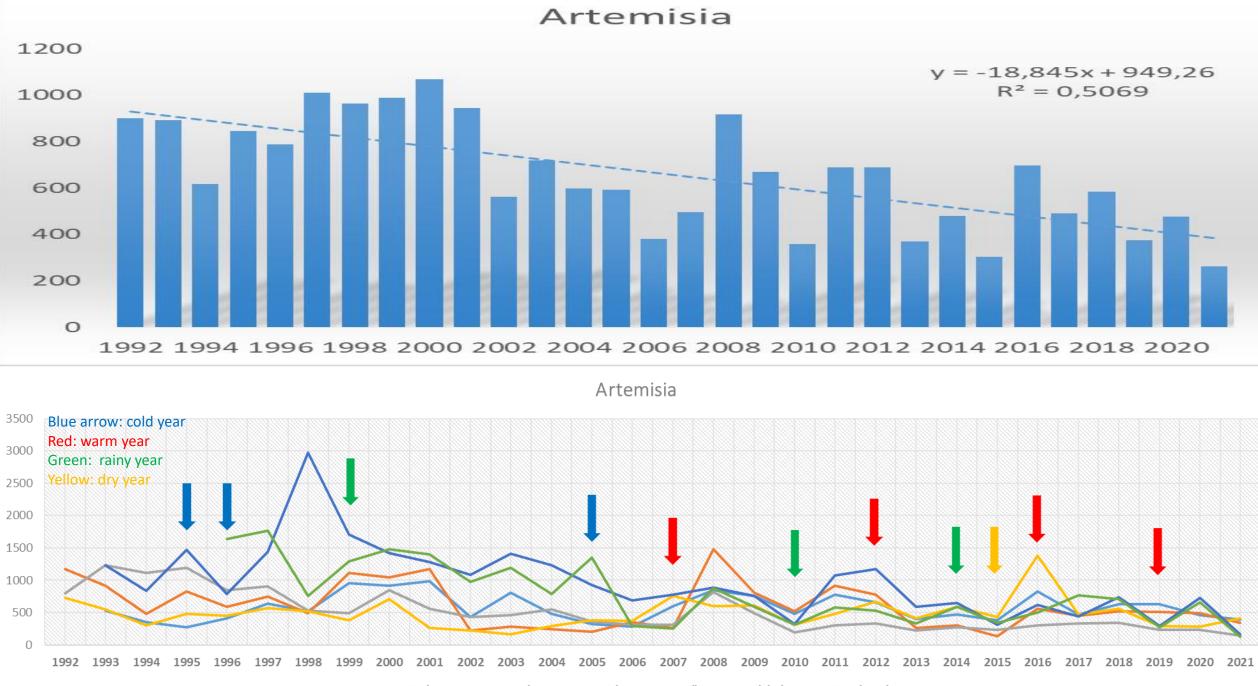




Precipitation shows a slight, non significant decreasing tendency







---- Debrecen ----- Budapest ----- Pécs ----- Győr ----- Miskolc ----- Kecskemét



Climate-specific indicators developed under the CEHAPIS project

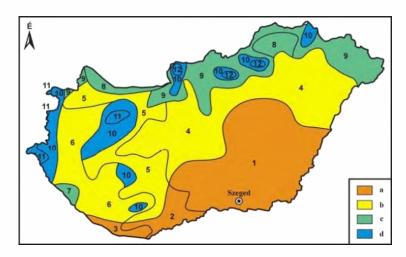
Pilot-tested indicators are highlighted by yellow colour

Topic Area	INDICATORS						
	State	Exposure	Effect on health	Action			
Extreme weather							
events							
Heat waves		Population exposure to heat waves	Excess mortality due to heat waves	Policy to prevent heat-related health effects			
Floods and draughts		Population exposure to actual floods		Actions to secure water supplies			
		Population vulnerability to floods					
Air quality							
Ambient air pollution		Urban population exposure to ozone	Cardio-respiratory mortality				
Airborne pollen	Flowering of	Exposures to birch,	Anti-allergy				
allergens	allergenic plants	alder and grass pollen	medication sales				
		Exposure to ragweed pollen					
Infectious diseases							
Food-borne diseases			Salmonellosis incidence and seasonality	Actions to prevent infectious diseases (cross-			
Water-borne diseases			Cryptosporidiosis incidence and seasonality	cutting)			
Vector-borne diseases		Lyme borreliosis occurrence of vector	Lyme borreliosis incidence				

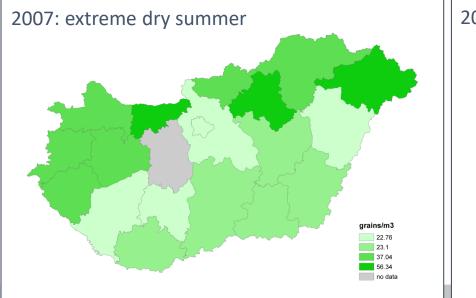
WHO, 2011: Tools for the monitoring of Parma Conference commitments. Report of the meeting 25-26 November 2010. Available at: <u>http://www.euro.who.int/data/assets/pdf_file/0019/134380/e94788.pdf</u>

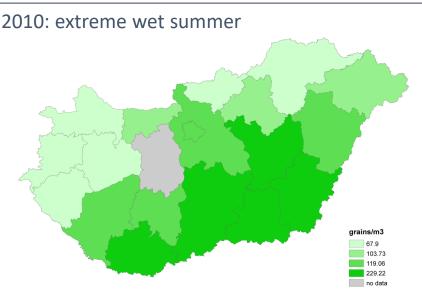


Ragweed: Population-weighted average ragweed pollen concentration (grains/m³) by climatic regions in Hungary, 2007 and 2010



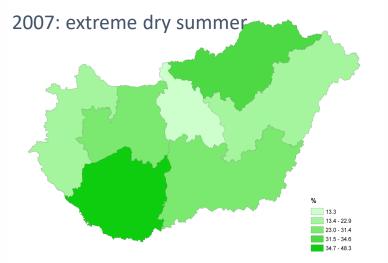
brown: warm, dry yellow: moderate warm green: moderate cold blue: cold and wet



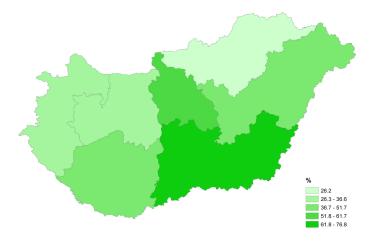




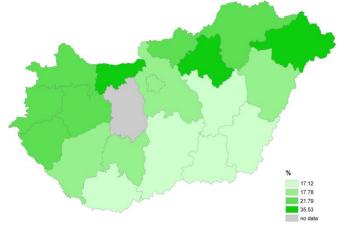
Population-weighted proportion of days above ragweed threshold concentration (%) by **statistical regions (NUTS2)**, 2007,



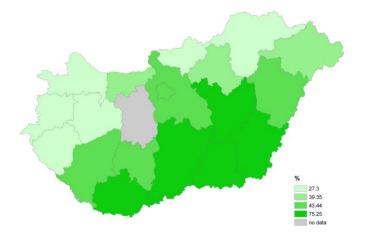
2010: extreme wet summer



Population-weighted proportion of days above ragweed threshold concentration (%) by **climatic regions**. 2007. 2010 2007: extreme dry summer



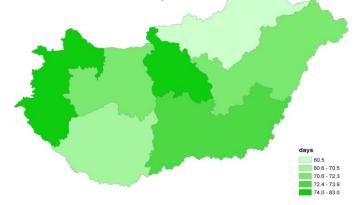
2010: extreme wet summer



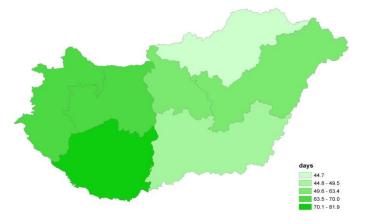


Population-weighted duration of ragweed pollen season (Days) by **statistical regions (NUTS2**) in Hungary, 2007, 2010

2007: extreme dry summer

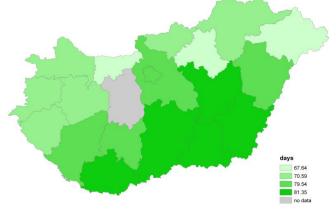


2010: extreme wet summer

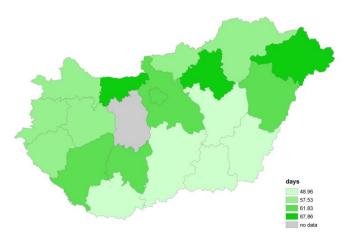


Population-weighted duration of ragweed pollen season (Days) by **climatic regions** in Hungary, 2007, 2010

2007: extreme dry summer



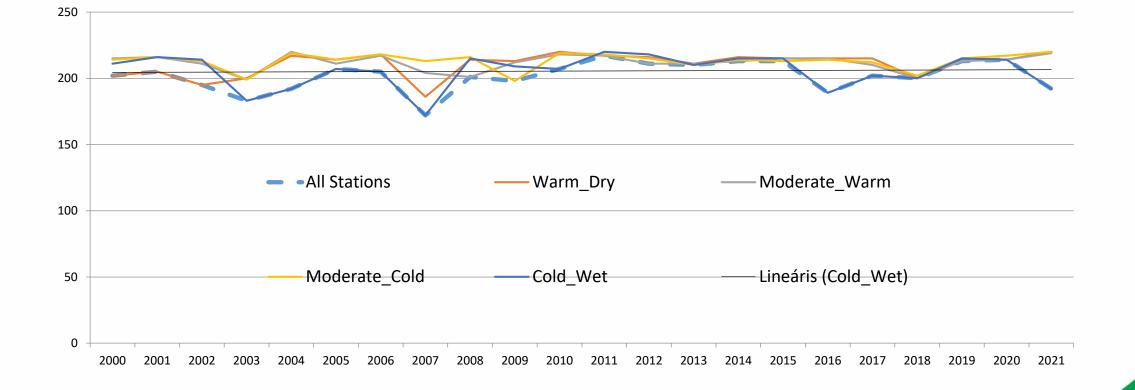
2010: extreme wet summer





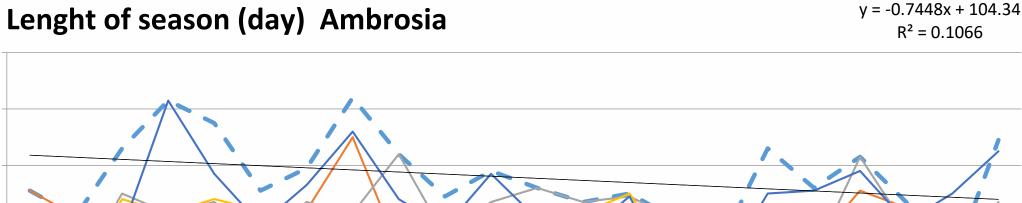
Start of ragweed pollen season (DOY)

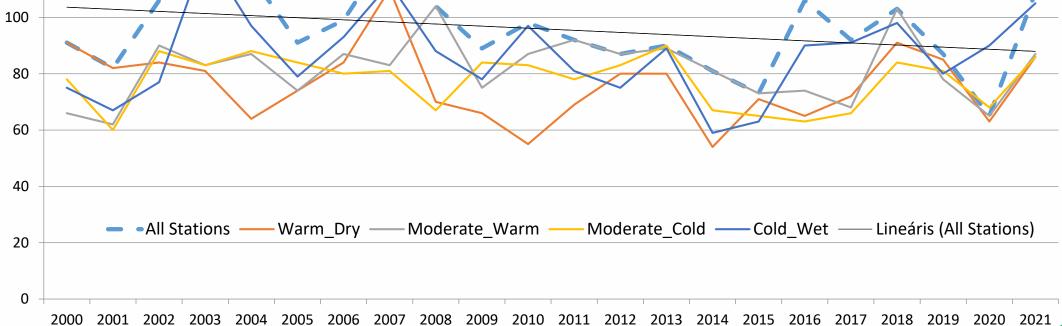
y = 0.0977x + 204.38 R² = 0.0025

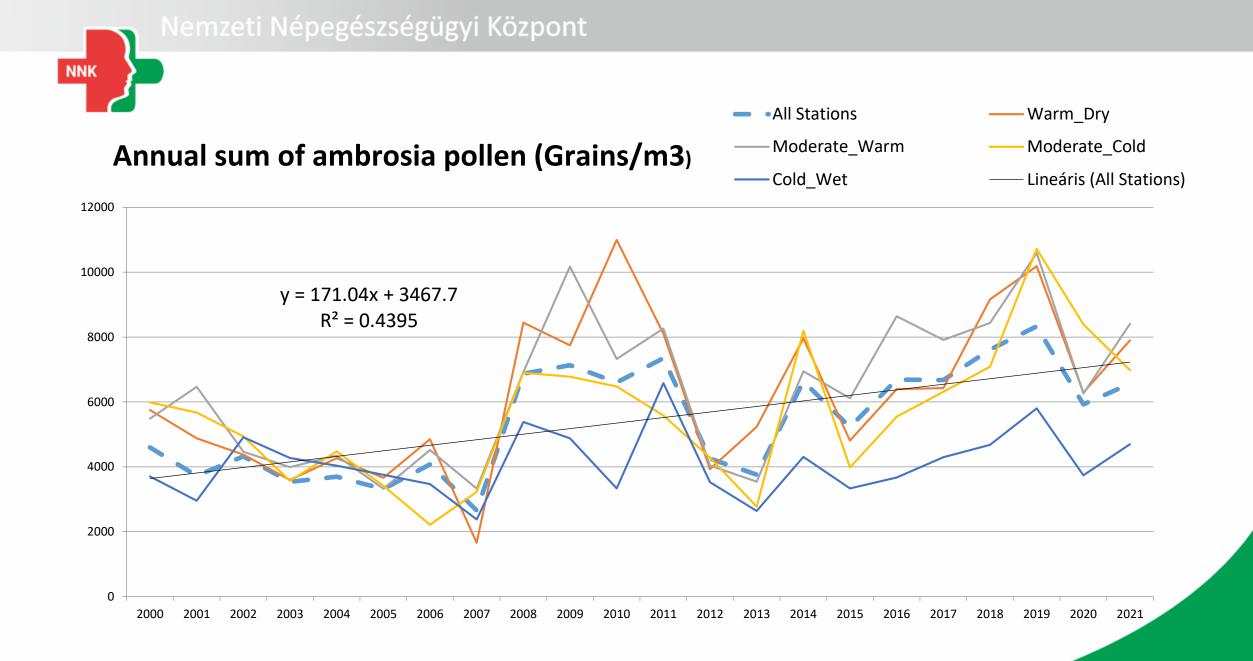




Nemzeti Népegészségügyi Központ











CLIMATE SERVICES FOR HEALTH

Improving public health decision-making in a new climate



Development of climate-related indicators

SE STUDY 5.F

zpont

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(118)

INDICATORS

CLIMATE-SPECIFIC POLLEN INDICATORS AND POPULATION EXPOSURE MONITORING TOOLS TO BETTER MANAGE THE ALLERGY SEASON IN HUNGARY

Authors: J. Bobvos, A. Páldy, B. Fezekes, G. Mányoki, D. Magyar (National Institute of Environmental Health, Budepest, Hungary), A. Egorov, D. Dalbokove, C. Gapp (WHO European Centre for Environment and Health, Bonn Office).

CONTEXT

The 4th Assessment Report of IPCC (30) states that climate change has caused an earlier onset of the spring pollen season in the northern hemisphere. It is reasonable to conclude that allergenic diseases caused by pollen, such as allergic rhinitis, have experienced some concomitant change in seasonality. There is limited evidence that the length of the pollen season has also increased for some species. Furthermore the EU Strategy on adaptation to climate change (31) highlights that climate change might potentially increase the seasonality and duration of allergic disorders such as hay fever or asthma with implications for direct costs in terms of IPCC (32) stated that warmer conditions generally favour the production and release of airborne allergens. Progressively increasing temperatures may modify the global pollen load (33). Adaptation measures i dentified to date include aeroallergen monitoring and forecasting. Therefore it is of high importance to evaluate the pollen exposure of populations living in different geographical and climatic regions in order to adjust information and adaptive measures.

NEW APPROACHES

The WHO European Centre for Environment and Health (WHO/ECEH), with the contribution of Member States, has developed climate-related indicator: as part of the CEHAPIS project. Four allergen plants were selected as indicator: alder (Alnus sp.); birch (Betula sp.); grasses (Poacease sp.); ragweed (Ambrosia sp.). These provoke high sensitization rates, have fairly broad geographical and temporal coverage in the European flowering season (i.e. spring to autumn). The indicator set is based on daily airborne pollen emmission measurements in continuous volumetric samplers (e.g. Hint type, Burkard) with standard methods. Use of data from existing monitoring stations, located in different climatic regions of a given country is recommended. Each climatic zone needs to be characterized with a sufficient number of tations placed in populated areas. The number of inhabitants living in a radius of 10–30 km of the monitoring stations should be noted for weighting purposes.

a Climate Change, Environment and Health Action Plan and Information System (CEHAPIS) is co-funded by EC DG Sanco SPC 2007WHO03. Figure 5.11 Climatic regions by Piczely (26) in Hungery: (a: werm and dry; lo: moderate werm; a: moderate cold; d: cold and wet).

A software tool has been elaborated with the contribution of the National Institute of Environmental Health (NIEH) Hungary (34). The software enables calculation of the start and end, duration (days), severity of the pollen period (annual sum and daily maximum of pollen grains (grains/m³) of the current and previous pollen seasons. To characterize the exposure further, population-weighted indicators can be computed. (i) proportion of days (%) with allergenic concentration of pollen (a30 grains/m³); (ii) average exposure to the pollen (gr/m³); (iii) duration of the pollen season (days).

The software was tested using ragweed pollen data for the period of 2000–2013 of the Hungarian Aerobiological Network run by the National Institute of Environmental Health. The meteorological data were provided by the Hungarian Meteorological Service. Figure 5.11 shows the climatic regions within Hungary (3); Figure 5.12 displays the effect of weather variability on the population-weighted pollen exposure.

Figure 5.12 Request: Population-weighted average pollen concentration (greinz/m3). Left_extreme dry aummer 2007. Right: extreme wet summer 2010.



ACKNOWLEDGEMENTS

World Health Organization



The software is used by the National Public Health Center (NPHC, formely NIEH, The results are communicated for the health care system, especially to the allergologists and general practitioners, to help adjust health care for allergenic patients in the short and long term. The results can be used by the agricultural sector to optimize summer weed (especially ragweed) eradication programmes to reduce exposure. The NPHC plans to discerniate the software at the international level, and to make it freely downloadable from its website.

BENEFITS AND LESSONS





Assessment of the predicted impact of climate change on the ragweed pollen season for the periods of 2021-2050 and 2071-2100

Aims: assessment of the changes of pollination season of ragweed for Hungary, the increase of pollen production in relation of the increased CO_2 emission, for two periods of 2021-2050 and 2071-2100 using A1B emission scenario based on the RegCM regional climate model.

Results: Acc. to the A1B emission scenario, the atmospheric CO₂ concentration will increase from the present 380 ppmv to 700 ppmv by 2100,

the related increase of surface temperature will be 2.8°C by the end of the 21st century.

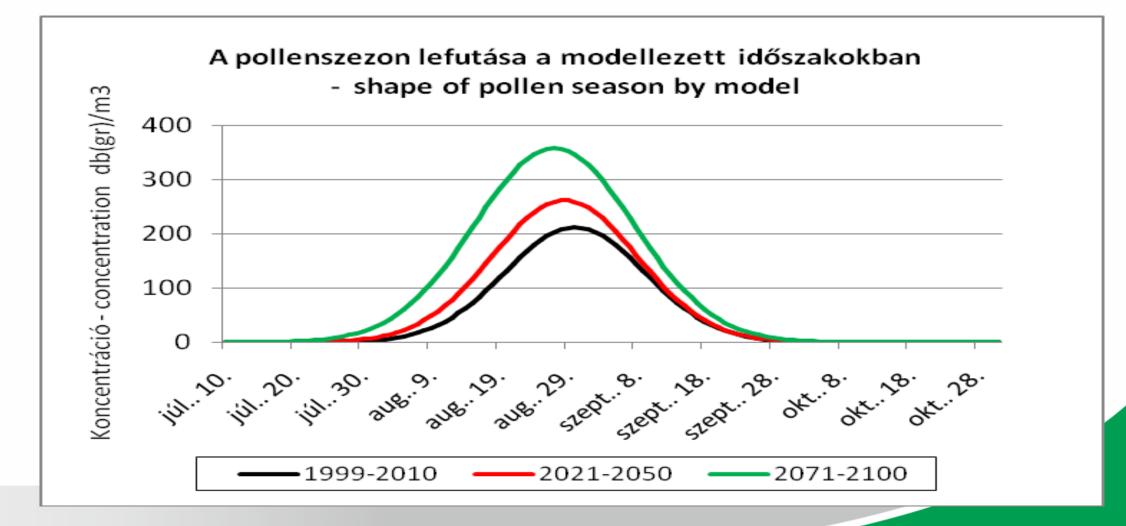
Egészségtudomány <u>- Volume LVI. No 3. 2012.</u>- http://egeszsegtudomany.higienikus.hu



- The yearly mean pollen load will reach 6950 grains/m³ meaning an increase of 28% in the period of 2021-2050.
- In the period of 2070-2100, the yearly mean pollen load will be 10470 grains/m³ meaning a 92% increase.
- Besides the increase of daily maximum concentration, the increase of the number of days with pollen concentration>10 grains/m³ is also predicted

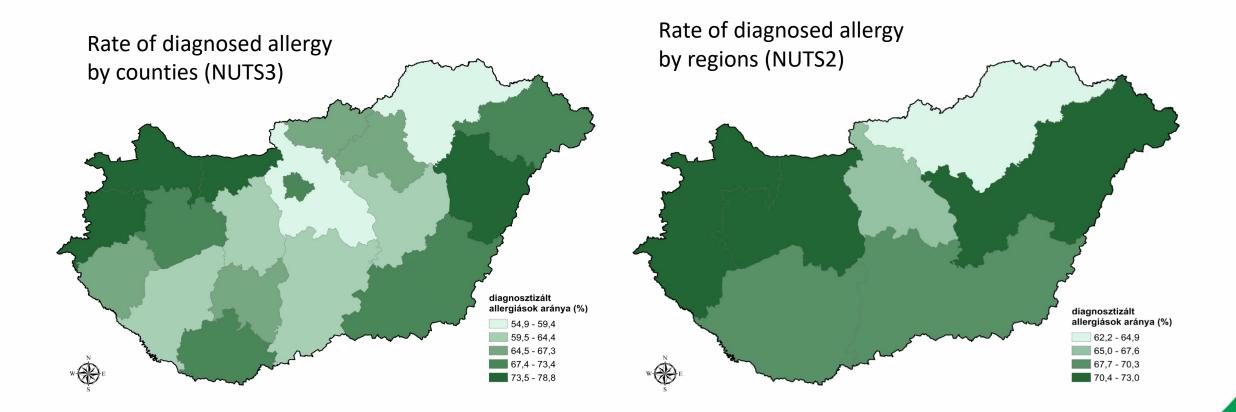


Shape of pollen season modified by the increase of temperature and CO₂ emission for the reference and future periods





SPATIAL DISTIBUTION OF PREVALENCE OF DIAGNOSTED ALLERGY 2021



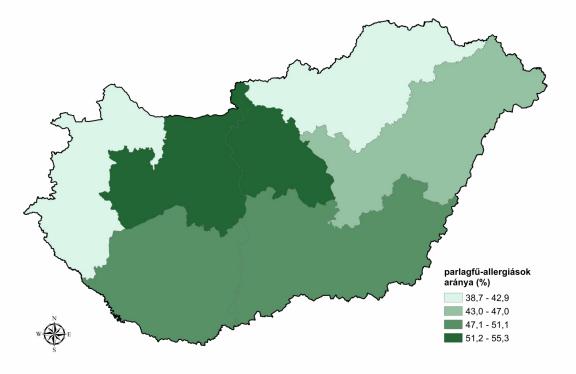
Source: Questionnaire survey, NPHC, 2021



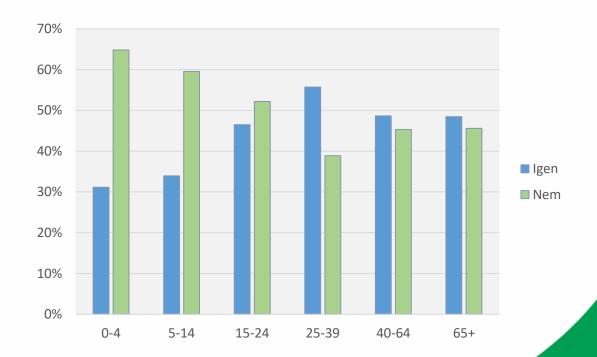
RATE OF DIAGNOSED RAGWEED ALLERGY WITHIN THE ALLERGENIC PATIENTS

2021

Rate of diagnosed ragweed allergy by regions (NUTS2)



Rate of diagnosed ragweed allergy by age groups (blue=yes, green=no)



Prevalence of ragweed pollen allergy in the total population: 17%



Thank you very much for your attention!

szigeti.tamas@nnk.gov. hu paldy.anna@nnk.gov.hu